



PARISH PASTORAL UNIT
ABBEYFEALE, ATHEA, TEMPLEGLANTINE, TOURNAFULLA, MOUNTCOLLINS



29th Nov. 2020 1st Sunday of Advent www.abbeyfealeparish.ie email fealechurch@eircom.net Fr Tony Mullins PP 087/2600414 mstrev@gmail.com

Fr Tony Mullins 0872600414
 Fr Dan Lane (Retired) 087/2533030
 Fr Denis Mullane 087/2621911
 Priest on duty this Sunday F O'Dea
 087/2443106

Intentions for this weekend

6.30pm Mary Collins, Months Mind
 Philomena Curtin, Devon Road 1st Anniv.
 Sonny McCarthy, Caherlane Anniv.

10am Anna Costello Glin and deceased family members

12noon Dick Danaher, Church St. and Shanbally Anniv.

Mon 30th Deceased members of the ARA Active Retirement

Tues 10am Paddy & Lena Flynn Anniv.

Wed 10am Michael Collins, Upper Purt

Thurs 10am Maurice Griffin Main Street

Fri 10am Purgatorial

No Saturday morning Mass

Intentions for next weekend

6.30pm Ramey Leahy, New Street Anniv.
 Michael Collins Upper Purt 1st Anniv.
 Sonny & Peg McCarthy, Caherlane

10am James O'Sullivan Knocknagoshel 1st Anniv.

12noon Dan O'Riordan, Dromtrasna Collins Months Mind

Deceased members of Dore & Flynn Families

Recent Death: We offer our sympathy to the family Joe Leahy, Cratloe West whose funeral took place on Thursday. May he rest in peace.

Graveyard Committees: As we come to the end of November we thank all who are involved in looking after the graveyards in the parish. We can easily take this work for granted. We acknowledge and thank all who are associated with this voluntary work

Visit to Parish Church: The Blessed Sacrament chapel is open each weekday from 11.00am to 6.00pm and on Sunday's from 1.00pm to 6.00pm.

Share Hope – Advent Calendar

Ahead of the beginning of Advent, Archbishop Eamon Martin has encouraged people to 'share hope' this Advent season. Archbishop Martin has renewed his call for everyone across the island to turn towards hope, and away from despair, saying, "the season of Advent offers us a new beginning and a promise of hope for better times. The First Sunday of Advent is actually the Christian Church's New Year's Day. In 2020 – perhaps this year more than ever – we need ideas and inspiration to help us delve deeper during our hours of isolation and restriction, to find that glimmer of light, that note of joy, that promise of consolation. Archbishop Martin was speaking at the launch of the Advent 2020 digital calendar. This calendar provides a helpful resource during our Advent journey. To add this year's Advent Calendar to your website or social media pages please use the following link: www.catholicbishops.ie/adventcalendar. You can also follow updates on a special Advent Facebook page [Advent 2020] and on Twitter and Instagram using the hashtags #SharingHope and #LivingAdvent.

An ADVENT PRAYER

Heavenly Father, during Advent, may we remember the greatest gift ever given: Your only Son, Jesus Christ. Fill our hearts with joy day by day as we think of our Saviour putting aside His heavenly glory and coming among us.

As a new-born, only a stable roof sheltered Him and ordinary, impoverished parents cared for Him. Your angels couldn't contain themselves but broke into the quiet night-watch of a group of humble shepherds. The heavenly messengers proclaimed the glorious news of the Saviour who would pay the price for our sins, the sign of Your goodwill to all men, and Your desire for peace on earth.

As we prepare to celebrate Christmas, grow our understanding and wonder of His birth. By Christmas day, may our hearts overflow with rejoicing and thanksgiving. Let our gratitude overflow to each person we meet by demonstrating the peace and goodwill in our hearts -- not just at this joyful season but all the year round. Thank you for sending Your only son to earth for a specific purpose – to provide eternal life to all who accept Him.

'Living our faith in a time of Covid-19' 10 Tips from Bishop Leahy

TIP 4. Slow Down and Look Deeper. Everything is connected, everyone is connected! COVID-19 invites us to slow down, contemplate nature and care for the planet. But it also invites us to open our eyes to those suffering in other parts of the world, to live for universal fraternity and social friendship. The full text of Bishop Leahy's Pastoral letter is available on the diocesan website www.limerickdiocese.org

Bereavement Support

Irish Hospice Foundation's (IHF)

The IHF annual bereavement information evening is being held online this year on Wednesday 9 December, 7 pm. In this online space, the IHF will share some reflections on bereavement and help people find out about the supports that are available. This free event is for all; who may have experienced a Bereavement this year or at an earlier time, or you may be concerned about a child or friend who is grieving and wish to help. Anyone wishing to participate in this online event will need to register in advance of the meeting. You can do so through Eventbrite here or via the following link: <https://hospicefoundation.ie/livingwithloss/> You can access **Living with Loss** on a computer or your mobile phone. When you register, you'll receive an email to say you've registered. The zoom link will then be emailed to you before the event. Use this link to access the event. It will be open from 6.45pm. You are welcome to join the IHF on Wednesday 9 December, 7pm-8.30pm

You will not be able to see or hear other attendees nor will they be able to see or hear you. You will only be able to see and hear the speakers. You can type in questions for the speaker using the 'chat function' at the bottom of your computer/phone screen. Please offer to help friends and family who have difficulty using technology and would like to join us. Attendees do not need to have an email account but will need access to one to receive the link. Age Action has published easy to use guidelines on how to use zoom on your smartphone or computer. Please email bereavement support@hospicefoundation.ie with any questions or call 01 679 3188.

Further support is available via the freephone Irish Hospice Foundation Bereavement Support Line is 1800 80 70 77 and is open from 10am – 1pm from Monday to Friday (excluding bank holidays).

If the line is busy when you call, they can call you back if you leave your contact details.

Exploring Eucharist.

We continue to reflect on phrases from the Mass. *This week* we reflect on

'Lord hear us. - Lord graciously hear us'

We don't say 'Hear me, hear my prayer' but 'Lord hear us, Lord graciously hear us. Does prayer carry more power when plural?

'If two of you agree on earth about anything you ask, it will be done for you by my Father in heaven' (Matthew 18:19). In Jesus' eyes, there is something special about the prayers we make together.

The 'Prayer of the Faithful' is just that. It takes us beyond personal needs and wants; it is more than the preference of any individual. It articulates the prayer of all of us together for ourselves, for other members of the body of Christ, for all who share a common humanity.

And when we say 'Lord hear us' it's not as if God might not be listening. (it might well be about increasing our awareness and desire). When we ask the Lord to hear us, when we pray with one heart, as one body, the Spirit 'hears our prayer into the heart of God. (From *Exploring Eucharist* by Donal Harrington)

Pastoral Support to Parishioners in Nursing Homes

Due to the necessary Covid -19 restrictions it is not possible for Fr Tony to visit parishioners in Nursing Homes this Christmas. Fr Tony is asking family members to let him know which nursing homes their relatives are resident in so that he can write to them for Christmas. All contact details will remain confidential to Fr Tony. You can email the contact details to mullinstrev@gmail.com or text 087-2600414

Holy Communion Calls

Fr Tony hopes to resume Holy Communion Calls to those confined at home as soon as it is safe to do so.

CHY3 Forms: Thanks to all who have signed and returned the CHY 3 certs and thanks to all who continue to support the parish through the weekly envelopes collection.

Shop Local: We are grateful to all the local shops and businesses who help distribute the Parish Newsletter each weekend. It helps parishioners keep in touch with the parish. At this challenging time of restrictions for all shops and businesses we encourage parishioners to support where possible local shops and businesses, especially in the lead up to Christmas.